Official Central Park Conservancy Running Map

Loop Mileage

- 6.02 mile loop
- 5.14 mile lower loop
- 4.92 mile upper loop
- 4.04 mile loop
- 1.71 mile lower loop
- 1.66 mile bridle path loop
- 1.58 mile Reservoir loop
- 1.42 mile upper loop

Map Key

- Restrooms / Closed Winter
- Wheelchair Accessible
- Visitor Centers
- Drinking Fountains
- Emergency Call Boxes or Dial 911
- Park Drive (shared by pedestrians, bicyclists, and vehicles)
- Transverse Roads (for vehicles only)
- Pedestrian Paths (no bicyclists)